



"The Range" HG2 COURSE



Handgun 2 COURSE ITINERARY

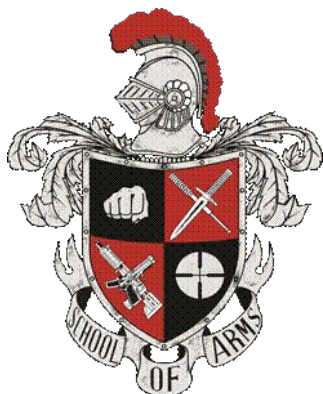


0800-0815	Registration/Introductions	Admin
0815-0830	Safety Briefing	ALL
0830-0900	Warm-Up	Instr.
	• HG1 Re-fresh	
0900-0930	Kneeling Positions	Instr.
	• Brace Kneeling	
	• Speed Kneeling	
	• Double Kneeling	
0930-0935	BREAK	ALL
0935-1030	Movement Exercise	Instr.
	• Turns	
	• Pivots	
	• 180's	
1030-1035	BREAK	ALL
1035-1100	Prone Positions	Instr.
	• Urban Prone	
	• Roll-Over Prone	
1100-1200	Target Identification	Instr.
1200-1245	LUNCH	ALL
1245-1300	Safety Briefing/Warm-Ups	Instr.
1300-1330	Shooting on the Move	Instr.
	• In/Out	
	• 45's	
1330-1430	Barricades	Instr.
	• Cover VS. Conceal	
1430-1445	BREAK	ALL
1445-1545	3 Station Rotation	Instr.
	• Wilson Wall (30 min)	
	• Steel Alley (30 min)	
1545-1600	GRADUATION	ALL

COURSE REQUIREMENTS

Handgun / 3 Magazine Minimum / 250 Rounds of Ammo / Holster
Belt / Hearing & Eye Protection ***MUST HAVE TAKEN HG1***

For Info Call us at:
831-223-0130



Register Today!
@
31500 San Vicente RD
Soledad, CA 93960
Or on our Website @
<https://www.astoriarange.com>

